

Project ECHO® OMDA VIGOR Schedule

Virtual Interprofessional Geriatric OMDA Rounds

JOIN MONTHLY SESSIONS ONLINE AT [HTTPS://ECHO.ZOOM.US/J/846554261](https://echo.zoom.us/j/846554261) to view slides and presenters.

Or to join by phone only: 646-558-8656, Meeting ID: 846 554 261

Date 12-1 PM	Topic	Choosing Wisely Recommendation
5-11-17	Percutaneous Feeding Tubes	Don't insert percutaneous feeding tubes in individuals with advanced dementia. Instead, offer oral assisted feedings.
6-8-17	Antipsychotics	Don't prescribe antipsychotic medications for behavioral and psychological symptoms of dementia (BPSD) in individuals with dementia without an assessment for an underlying cause of the behavior.
7-13-17	Diabetes Management	Don't use sliding scale insulin (SSI) for long-term diabetes management for individuals residing in the nursing home.
8-10-17	BZD	Don't use benzodiazepines or other sedative-hypnotics in older adults as first choice for insomnia, agitation or delirium.
9-14-17	UTI & Appropriate Antibiotic Use	Don't obtain a urine culture unless there are clear signs and symptoms that localize to the urinary tract. Don't place an indwelling urinary catheter to manage urinary incontinence
10-12-17	Medications & Life Expectancy	Don't routinely prescribe lipid-lowering medications in individuals with a limited life expectancy.
11-9-17	Cancer Screening	Don't recommend screening for breast, colorectal or prostate cancer if life expectancy is estimated to be less than 10 years.
12-14-17	Appetite Stimulants	Avoid using prescription appetite stimulants or high-calorie supplements for treatment of anorexia or cachexia in older adults; instead, optimize social supports, discontinue medications that may interfere with eating, provide appealing food and feeding assistance, and clarify patient goals and expectations
1-11-18	Don't Prescribe Without a Drug Regimen Review	Don't prescribe a medication without conducting a drug regimen review.
2-8-18	Delirium in Hospital & Long-Term Care	Don't recommend aggressive or hospital-level care for a frail elder without a clear understanding of the individual's goals of care and the possible benefits and burdens.
3-8-18	Hypertension	Don't initiate antihypertensive treatment in individuals ≥60 years of age for systolic blood pressure (SBP) <150 mm Hg or diastolic blood pressure (DBP) <90 mm Hg.
4-12-18	C.difficile	Don't obtain a C. difficile toxin test to confirm "cure" if symptoms have resolved.
5-10-18	Symptom Management in Hospice and Palliative Care	Don't use topical lorazepam (Ativan), diphenhydramine (Benadryl), haloperidol (Haldol) ("ABH") gel for nausea.
6-14-18	Pain Management in Hospice & Palliative Care	Don't recommend more than a single fraction of palliative radiation for an uncomplicated painful bone metastasis.
7-12-18	Cardiac Intervention	Don't leave an implantable cardioverter-defibrillator (ICD) activated when it is inconsistent with the patient/family goals of care



Questions? Technical difficulties?
 Contact OhioMDA@gmail.com
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8-9-18	Early Palliative Care & Prognostication	Don't delay palliative care for a patient with serious illness who has physical, psychological, social or spiritual distress because they are pursuing disease-directed treatment.
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